# HOW TO LOBBY YOUR LEGISLATOR

Cobbying to convince any individual of the merits of your position requires an understanding of the rationale

and values that supports that belief. Your goal is not to threaten or antagonize, but to influence on the basis of your knowledge and understanding of the issues and your progressive values.

## Be Prepared —Before You Lobby, Do Your Homework!

#### Know Yourself

Be aware of your own values and morals. Understand how progressive values differ from conservative values. Such knowledge will enable you to create a stronger, universal, message.

See pages 3 and 4 for more information about progressive values and resources.

#### Know Your Organization

If you are speaking on its behalf, you will want to be a credible representative. Be fully aware of your organization's positions and their development as well as the other organizations and with the legislature.

#### Know Your Legislator

Make an attempt to understand the conservative values behind your legislator's positions which may include:

- record on related legislation and/or votes (be aware of any prior favorable commitment to your cause);
- party, position, and tenure in legislative and political power structure;
- constituent pressures;
- general predispositions;
- responsiveness to various kinds of personal interviews (sensitivity to legislative attitudes about approach is essential).

#### Know Your Issue

Start by expressing the **values and morals** behind your view. This will pivot the discussion to your framework-not theirs. Use analogies to make a point. Tell a brief story in 60 seconds or less on how conservative legislation hurts people-kids, seniors, and single mothers. Always tie negative impact to children (unprotected innocents) and seniors (folks who worked hard and are not respected). Go light on the facts and details (Put most of them on a single sheet of paper and leave it.). Phrase the argument in your own words. Don't be surprised if it appears you are more knowledgeable. No one can be expected to address every question. Help pursue an answer and report back.

# Know Your Opposition

It is preferable to anticipate the opposition and answer their arguments positively before those arguments surface publicly. Understand their conservative values. See pages 3-4 for more information.

# **Effective Individual Communication**

Your maximum influence comes in addressing your comments directly to your own legislator.

#### The Personal Visit

Perhaps the most effective method of transmitting your message, a personal visit allows both of you to connect names with faces. In communication afterward, you will have established yourself as a known concerned constituent. If your legislator is holding a hearing or workshop, try to attend. It is a good time to meet your legislator informally.

If your representative is not available, ask to meet the legislative assistant. S/he can generally be expected to be at least as well informed as your representative, and may have more influence than you suspect.

## The Telephone

The telephone can be an effective tool. Remind the legislator of any previous contact. If the member is not available, speak with the legislative assistant.

During the federal legislative session, a toll free "hotline" is available (1-800-562-6000) through which information on the status of bills can be obtained. Messages can be left for your legislator. They should be brief and specificemphasize progressive morals and values. Leave your name, address and phone number.

#### The Letter

Letters are important for the legislator and/or staff. The amount of mail on a particular piece of legislation frequently helps determine the legislators' approach to an issue. One well written letter will often prove more weighty than a formal petition with many signatures. For this reason, it is generally considered better to express your opinion as an <u>individual</u> rather than as a member of an organization whose positions may already be well known to legislators.

*Mailgrams* are a quick, dramatic alternative to the standard letter. They may be sent anywhere and delivered the following day. The minimum charge allows for 50 words.

*Faxing* is a way to get your message to the committee immediately. You can also call the committee directly with your message, be sure to get their fax number at the same time.

*Email* can be an efficient way to send messages for those with computer capability. You can find individual addresses under Senate or House Home Pages www.leg.wa.gov

#### **Timing**

Timing is everything. Make your call at a strategic time — just before a vote, for instance, or immediately following action by your legislator in support of your cause. Write when you know a particular piece of legislation is pending before a committee or when a bill is about to come before the full House or Senate.

# **Some DOs and DON'Ts for Progressive Advocates**

- ✓ Address your Senator or Representative properly.
- ✓ Identify yourself immediately at each contact. Public officials meet too many people to remember everyone.
- ✓ Know the status of the legislation. Refer to a bill by number whenever possible.
- ✓ Use your own words.
- ✓ Be brief and explicit, courteous and reasonable.
- ✓ Establish your own credentials or expertise on the subject of legislation under consideration.
- ✓ Give legislators succinct, easy to read literature; highlight important values, morals, and arguments. Their time is limited
- ✓ Write the chair or members of a committee holding hearings on legislation in which you are interested if you have facts that you think should influence his or her thinking.
- ✓ Get to know legislative staff and treat them courteously. Their cooperation can make or break your chances to reach the legislators themselves.
- ✓ Always keep off-the-record comments confidential.
- ✓ Write to say you approve, not just to criticize or oppose.
- ✓ In a letter include your address and sign your name legibly.
- ✓ Keep the door open for further discussion in spite of any apparently negative attitudes.

#### **DON'T**

- ✓ Don't use conservative language (It activates their values.) like Obamacare or Right to Work.
- ✓ Don't begin, "As a citizen and tax payer" (your elected representative knows we all pay taxes).
- ✓ Don't apologize for taking his or her time. If you are brief and to the point s/he will be glad to hear from you.
- ✓ Don't be arrogant, condescending or threatening toward legislators or their staff.
- ✓ Don't argue or back recalcitrant legislators into a corner where they take a definite position against you.
- ✓ Don't make notes of a conversation while talking to a legislator.
- ✓ Don't send copies or form letters unless you have taken the time to include a personal note.

Portions adapted from League of Women Voters of Washington, 2004



# **Progressive Value Messaging**

# Goal: Change the public conversation & advocate for progressive values!!

#### Uses

- ✓ Regular and Social Media
- ✓ Campaign Speeches & Literature
- ✓ Letters to the Editor
- ✓ Volunteer Solicitation and Leadership
- ✓ One to One Conversations

#### **Assumptions**

- A. Individual beliefs (or frames) are thinking. All thinking is in a frame defined by values or beliefs. Thought is physical in nature.
- B. Framing is the **1**<sup>st</sup> step in the thinking process; frames screen information in and out of the brain. Appeal to individuals through their values.
- C. Words frame an issue in the brain. Individual words have values attached to them and move thinking towards a frame.
- D. Framing messages around values, morals, and emotions is universally used in business marketing; backed by scientific research.
- E. Frames communicate outside issue (topic) silos; they cut across multiple topics like healthcare, civil rights, and foreign policy.
- F. Universal basic values: Up is better than down, forward is better than backward. More is better than less.
- G. Most people have a combination of conservative and progressive frames in their value system (brain).
- H. Reason and emotions are not opposites. They are partners and collaborate in the brain.
- I. Decisions are made unconsciously and <u>before</u> we are consciously aware of that decision. This is hardwired into us as humans. The conscious brain rationalizes decisions; it does not make them. Decisions (votes) are based on values and morals-not issues.
- J. For stronger messages, use analogies to express progressive values. The communicate better than facts & information.
- K. Don't use an opponent's frames or word choices-it promotes their values and policies (not yours). You work against yourself.

View/Value Frame	Conservative Beliefs (Values)	Progressive Beliefs (Values)
Basic View of World	Strict Father (Male Only) Approach to Family (Only	Nurturing Parent to Family
	one top authority-individual or business)	(Common good or government is the top authority)
General Frames	<ul> <li>Private over public (government).</li> </ul>	<ul> <li>Balance of private and public.</li> </ul>
(or beliefs)	<ul> <li>Men over women.</li> </ul>	<ul> <li>Balance of men and women.</li> </ul>
	<ul> <li>Man over nature.</li> </ul>	<ul> <li>People work in harmony with nature.</li> </ul>
	<ul> <li>U.S. over rest of the world.</li> </ul>	<ul> <li>U.S works in collaboration with rest of the world.</li> </ul>
	<ul> <li>Christian over non-Christians.</li> </ul>	<ul> <li>Community or partner approach.</li> </ul>
	<ul> <li>Business/self-reliant individual over</li> </ul>	
	community.	
Success	Individual Basis: Responsibility for yourself comes	Community Basis: We are stronger together. Provide
	first. Success comes from self-discipline. Belief:	government support to protect the community, empower people,
	Lack of success = lack of morality	and increase opportunity for all-not a select few.
Government	Government takes away individual incentives for	Government protects and supports the entire community.
	success. Safety nets: immoral.	Supports you to give individual freedom and liberty.
Social Contract	Responsibility is limited to the individual/business.	Responsible to others and community; help build, support, and
	Not accountable to community.	empower others. I benefited, I need to pass it forward.
Achilles' Heel	Private prosperity depends on the public for	Current approach avoids advocating for progressive values &
	success. Personal success was built on	morals. Prefers to talk about issues (what) not the values (why).
	community support provided by others.	Uses conservative frames to talk about issues to both
		conservatives and progressives. Communications about policies
		has limited success-doesn't motivate other progressives to
		action.

#### Sources

- 1. <u>The Little Blue Book, The All New Don't Think of an Elephant,</u> George Lakhoff (University of California-Berkeley)
- 2. <u>How Consumers Think, (Essential Insights into the Mind of the Market)</u> Gerald Zaltman (Harvard)

# **Conservative/Progressive Overview**

Topic	Conservative Beliefs (Values)	Progressive Beliefs (Values)
Common Sense	An end justifies the means. So it is okay to cut corners and take	Empathy for others. Responsible to others in community. Use the good
	advantage of others. Take care of yourself first.	Samaritan or "golden rule" approach.
	Doesn't want to talk about morals, values, or ethics or use them in	Authority-ethic of excellence; living by what you say.
	decision making.	Democracy is "caring citizens" caring for others.
Economics	Profit is a major goal. Creating jobs is not a major goal. People are	Workers are profit creators and deserve a fair share of the profits.
	only resources to be used-equal to equipment or natural resources.	Caring citizens acting through the public or community (government) is
	Against government regulations (barrier to more profit)	a way to expand freedom and opportunity for all.
	No connection between government, business and consumers.	Government created corporations and has a right to limit their impact on
	Standalone as an individual or business against the world.	the community through laws and regulations.  Government is needed to control the excesses of businesses that harm
	An end justifies the means if it profits the business.  The model of a compatition of the model of decide. No cutberity.	the public good.
	Free market is competition. Let the market decide. No authority above it. Self-reliance/discipline is the way to success.	the public good.
Public Education	Business is always a preferred choice and knows better-so private	Public schools increase freedom and opportunity for all.
I ublic Education	schools run by businesses must be better.	Public schools are the heart of community and need to be protected.
	Parental choice is good for the individual and trumps all.	<ul> <li>Private prosperity not possible without public education/support.</li> </ul>
	Public education is immoral because it is delivered by government-	Responsibility to pay it forward; public schools do this.
	regardless of how effective it is.	Cuts to public education deny freedom of equality.
	No responsibility to social contract with others.	outo to public oddoution dony needom of equality.
Voting Rights	If you can't meet requirements-you are not disciplined or self-reliant. If	Voting by all is necessary for democracy and freedom.
	you have no self-discipline-you don't deserve to vote.	No barriers are to restrict ability to vote (basic right).
Environment	Nature <u>is not</u> an ecological system.	Nature <u>is</u> an ecological system.
	Nature is a free resource to exploit for profit by businesses. Exploiting	Nature belongs to the entire community & globe.
	nature is just a part of a "cost & risk" formula.	Rely on scientific evidence-guide our actions
	Individual actions are insignificant. Look to the past.	People have a great impact (destruction of forest and species); we can
	Transfer risk from the corporation to the public.	control this.
		Corporations are responsible for damage to the community.
Government	The private (business, industry, banks, media) sector works to	Government has a moral duty to protect and empower the community.
	"maximize" profit and have no moral obligation to the community (	Adequate government resources are needed to protect the community.
	government) for its success. (I earned it myself!!)	Widespread freedom/opportunity needs the government.
	Government oversight is not moral; even when government hires private contractors.	Regulations are needed to protect the community against organized
	<ul> <li>Government regulation gets in the way of individual action.</li> </ul>	greed and crime.
Healthcare	y y	Rejecting federal money denies you your right to help Wisconsin.  Individuals have a right to decide their health & life.
riedillicale	<ul> <li>Insurance companies know better; okay for them to decide your health &amp; life and govern you for their benefit.</li> </ul>	<ul> <li>Individuals have a right to decide their health &amp; life.</li> <li>Government regulations limit the ability to inflict harm on us.</li> </ul>
	nealth a life and govern you for their	Oovernment regulations limit the ability to limitot harm on us.